# DETERMINATION OF ANTIOXIDANT ACTIVITY, TOTAL PHENOLIC AND FLAVONOID CONTENTS OF MALAYSIAN STINGLESS BEE PROPOLIS EXTRACTS

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**Abstract:** This study aims to determine the total phenolic content (TPC), total flavonoid content (TFC) and antioxidant activity of ethanolic extract propolis (EEP) and water extract propolis (WEP) derived from six Malaysian stingless bee species. The TPC and TFC were measured by Folin-Ciocalteu colorimetric and aluminium chloride methods, respectively. The antioxidant activity was determined by 2,2-diphenyl-1-picrylhydrazyl (DPPH) free radical scavenging assay. The results indicated that EEP of *Geniotrigona thoracica* had the highest TPC and TFC at 259.84 ± 4.97 mg/g GAE and 435.00 ± 6.57 mg/g QE, respectively. Similarly, EEP of *G. thoracica* exhibited the greatest free radical scavenging activity was highly correlated with TPC ( $R^2 = -0.744$ , p < 0.05) whereas no correlation was observed between TFC and antioxidant activity. This study indicates that the antioxidant property of the propolis extract may be influenced by elevated levels of phenolic content. In conclusion, ethanolic extract of *G. thoracica* is the greatest source of antioxidants among the six tested Malaysian stingless bee propolis and this suggests that the extract may serve as a promising source of antioxidant agent.

Keywords: Propolis, stingless bee, phenolic, flavonoid, radical scavenging. Abbreviations: Ethanolic Extract Propolis (EEP), Water Extract Propolis (WEP), Total Phenolic Content (TPC), Total Flavonoid Content (TFC), 2,2-diphenyl-1-picrylhydrazyl (DPPH).

### Introduction

Stingless bees are known locally as "lebah kelulut" are members of the Apidae family and the Meliponini tribe with approximately 500 identified species from 32 genera across the globe (Sahlan *et al.*, 2019). Stingless bees lack a functional sting and are of little harm to bee-keepers as opposed to honeybees (Asem *et al.*, 2019). They protect their hives by covering it with wax-like substances called propolis which is composed mainly of resinous mixtures, beeswax, essential oils, bee pollen and minor components including minerals, amino acids and organic debris (Salleh *et al.*, 2021). It has been reported that stingless bee propolis has

higher nutritional and medicinal properties in comparison to propolis produced by honeybees (Al-Hatamleh *et al.*, 2020). This can be attributed to the foraging activities of the stingless bees which originate from rich vegetation in their native environment.

Propolis represents a huge repository of chemical biodiversity which includes polyphenols, coumarins, sesquiterpene quinones, amino acids, steroids and inorganic substances (Siripatrawan *et al.*, 2013). The chemical composition of propolis is highly variable depending on factors such as the geographical region, climate, botanical origin and bee species (Ahangari *et al.*, 2018). Even though propolis has a complex chemical composition, its biological activities are mainly ascribed to the polyphenol compounds such as phenolic acids, flavonoids and esters (Rosli *et al.*, 2016).

A large body of evidence demonstrates that propolis possesses various biological activities such as anticancer, antioxidant, antimicrobial, anti-fungal, antiviral and anti-inflammatory properties (Ibrahim et al., 2016; Pasupuleti et al., 2017; Al-Hatamleh et al., 2020). Most of these studies are conducted using ethanolic extract of propolis. Ethanol is the common solvent used to obtain propolis extracts with low wax content and rich in biologically active compounds (Devequi-Nunes et al., 2018). However, several disadvantages have been associated with the ethanolic extract of propolis such as strong residual flavour and adverse reactions or intolerance to alcohol which limits its application in cosmetics, pharmaceutical and food industries (Kubiliene et al., 2015). In contrast, the water extract of propolis has been deemed to be environmentally friendlier, safer and more biocompatible for use in the pharmaceutical and health sectors (Kubiliene et al., 2018). Nonetheless, studies on Malaysian stingless bees, particularly using water as a solvent are still lacking and have received little attention thus far. Hence, this study aimed to compare the total phenolic and flavonoid contents as well as the antioxidant activity of ethanolic and water extracts of propolis derived from six local stingless bee species. In addition, the correlation between the phenolic and flavonoid contents with the antioxidant property was also evaluated

#### **Materials and Methods**

#### Species Identification

The stingless bee species were identified according to their morphological characteristics using taxonomic key referring to Samsudin *et al.* (2018) by Izfa Riza Hazmi, an entomologist at the Centre for Insect Systematic, Universiti Kebangsaan Malaysia. The voucher accession numbers are as follows: *Geniotrigona thoracica* 

(CIS-TRI-2022-01), *Heterotrigona itama* (CIS-TRI-2022-02), *Tetragonula laeviceps* (CIS-TRI-2022-03), *Lepidotrigona terminata* (CIS-TRI-2022-04), *Tetrigona binghami* (CIS-TRI-2022-05) and *Tetrigona apicalis* (CIS-TRI-2022-06).

## **Propolis Collection**

Propolis samples from the six stingless bee species with the age of colonies ranging between 1 to 2 years old were collected from local apiary of Belantara SR Enterprise (N 3° 40' 42.1818" E 10° 31' 14.5416"), Hulu Bernam, Selangor in December 2021. The colonies were kept in nest boxes made of wood within a 797 m<sup>2</sup> land area and surrounded by several species of ornamental trees (Myrtaceae, Fabaceae, Lamiaceae, Rubiaceae, Scrophulariaceae, Lythraceae, Elaeocarpaceae), fruit trees (Moraceae, Anacardiaceae, Sapindaceae) and resin-secreting trees (Melaleuca). All samples were cleaned, placed in labelled plastic bags and stored at -20°C until further analysis.

#### Preparation of Ethanolic Extract Propolis

The ethanolic extract propolis (EEP) was prepared according to the method by Pobiega et al. (2019) with slight modifications. About 10 g of propolis sample was ground into powder and macerated in 100 mL of 70% ethanol in a 1:10 (w/v) ratio. The sample was then incubated at 25°C while continuously shaken at 250 rpm for 48 hours. The suspensions were filtered using Whatman No. 1 filter (Millipore, USA). The filtrate was evaporated under vacuum pressure (Rotavapor R-215, Büchi, Switzerland) at 995 hPa with a temperature of 40°C. The concentrated extracts were centrifuged for 10 minutes at 3,900 x g to eliminate any wax. The extract was then freeze dried and stored in a dark container at -20°C prior to analysis.

## Preparation of Propolis Water Extract

The water extracts propolis (WEP) was prepared using the same maceration method. Approximately 10 g of each propolis sample was ground into powder and dissolved with 50 mL distilled water (1:5 w/v). Then, the sample was heated on a hot plate while constant stirring at 60°C for seven hours. The suspensions were filtered using Whatman No. 1 filter paper (Millipore, USA) and the filtrate was centrifuged at 28,000 x g for 30 minutes. The supernatant was concentrated under reduced pressure to produce the water extract propolis, freeze dried and kept at -20°C in a dark container until further use.

### **Determination of Total Phenolic Content**

Total phenolic content (TPC) of propolis extracts was determined using the Folin-Ciocalteu colorimetric method and expressed as mg/g Gallic Acid Equivalent (GAE) (Pratami et al., 2018). Gallic acid was used as the standard solution. Briefly, 1.0 mL of gallic acid with eight different concentrations (5, 50, 75, 100, 250, 500, 750, 1,000 µg/mL) was prepared. About 25  $\mu$ L of 1 mg/mL was extracted and the prepared standard solution was mixed with 100 µL of Folin-Ciocalteu reagent in a 96-well microplate, incubated and shaken for four minutes at room temperature. Later, 75 µL of 7.5% sodium carbonate was mixed to the reaction mixture, shaken for 60 seconds and incubated at room temperature for two hours. The absorbency of the reaction mixture was measured at 765 nm (SPECTROstar Nano, BMG Labtech, Germany) and the regression line obtained from the standard curve was used to determine the TPC value. All tests were done in triplicate.

### **Determination of Total Flavonoid Content**

Aluminium chloride (AlCl<sub>3</sub>) colorimetric technique described by Farasat *et al.* (2014) was used to measure the total flavonoid content (TFC) of propolis extract. Quercetin was prepared in various concentrations, ranging between 10 and 500 µg/mL to obtain the quercetin standard calibration curve. About 20 µL of the prepared standard and propolis extracts mixtures were added into a 96-well microplate and combined with 20 µL of 10% aluminium chloride solution, 20  $\mu$ L of 1 M potassium acetate and 140  $\mu$ L distilled water. The plate was shaken continuously for 60 seconds before being incubated for 30 minutes in a dark at room temperature. The absorbency readings were determined at 415 nm employing a microplate reader (SPECTROstar Nano, BMG Labtech, Germany) and TFC values were calculated using the linear regression line plotted in the standard curve. All tests were conducted in triplicate.

## 2,2-diphenyl-1-picrylhydrazyl (DPPH) Free Radical Scavenging Assay

DPPH free radical scavenging activity of propolis extracts was determined according to the technique by Nafi et al. (2019). Quercetin served as the standard reference. Briefly, a total of 1 mM DPPH solution was initially prepared by diluting 5 mg of DPPH in 100 mL of methanol. Then, the propolis extracts and quercetin were serially diluted in various concentrations of 500, 250, 125, 62.5, 31.25, 15.625 and 7.813  $\mu$ g/mL. About 25  $\mu$ L of the samples and standard were added into wells of a 96-well round bottomed plate. Then, 200 µL of 1 mM DPPH solution was loaded into each well and mixed well. A blank solution was prepared by mixing 25 µL of DMSO and 200 µL of 1 mM DPPH. Later, the plate was incubated in the dark at room temperature for 30 minutes. After incubation, the absorbency was at 517 nm using a microplate reader (SPECTROstar Nano, BMG Labtech, Germany). This assay was conducted in triplicate. The DPPH radical scavenging activity was calculated using Equation 1.

The DPPH scavenging activity of propolis extract was plotted against the concentration of samples and the  $IC_{50}$  value was obtained from the plots. The  $IC_{50}$  value is the concentration of the sample that can scavenge 50% of DPPH free radicals. Lower  $IC_{50}$  value indicating higher antioxidant efficiency.

DPPH scavenging activity (%) = 
$$\frac{A_{blank} - A_{sample}}{A_{blank}} \ge 100$$
 (1)

#### Statistical Analysis

The results were presented as mean  $\pm$  standard deviation (SD) and analysed using one-way analysis of variance (ANOVA) followed by Tukey's test for variables with parametric distributions and Pearson's correlation coefficient test using GraphPad Prism version 7.0. Differences were considered significant when P value < 0.05.

#### Results

#### **Total Phenolic and Flavonoid Contents**

The TPC and TFC of propolis extracts are shown in Table 1. Figures 1 and 2 illustrate the TPC and TFC values of EEP and WEP. The gallic acid standard curve was used to calculate the TPC values with a regression line of y =0.0043x - 0.022, ( $r^2 = 0.9955$ ) and expressed in gallic acid equivalent (mg/mL GAE). The TPC of EEP varied in the range of 19.50 mg/ mL GAE and 259.84 mg/mL GAE while WEP ranged between 18.06 mg/mL GAE and 138.91 mg/mL GAE. The results showed the highest TPC observed was from EEP of *G. thoracica* with 259.84 ± 4.97 mg/mL GAE, followed by EEP of *H. itama* with 157.91 ± 2.25 mg/mL GAE whereas WEP of *T. laeviceps* exhibits the lowest TPC with  $18.06 \pm 0.36$  mg/mL GAE. A significant difference (p < 0.05) was noted in the TPC of EEP of *G. thoracica* and *H. itama* when compared with other samples.

The TFC of propolis extracts was obtained from the regression equation of the standard plot  $(y=0.001x+0.01, r^2=0.9994)$  and expressed as quercetin equivalents (mg/mL QE). The TFC of EEP ranged from 15.33 to 435.00 mg/mL GAE while WEP ranged between 8.67 mg/mL GAE and 84.00 mg/mL GAE. The results showed that TFC was the highest in EEP of G. thoracica with  $435.00 \pm 6.57$  mg/mL QE, followed by EEP of H. itama and L. terminata with 172.30  $\pm$  4.56 mg/mL QE and 100.33  $\pm$  0.51 mg/mL QE, respectively. Whereas WEP of H. itama exhibited the lowest TFC with  $8.67 \pm 0.51$  mg/ mL QE. A statistically significant difference (p < 0.05) was observed in the TFC of EEP of G. thoracica, L. terminata and H. itama when compared with other samples.

Data shown in the table below was collected from three replicates and presented as the mean  $\pm$  standard deviation. Different letters in the same column indicate statistical significance at p < 0.05. Total phenolic content analysed as

Propolis Samples		Total Phenolic Content (mg/mL GAE)	Total Flavonoid Content (mg/mL QE)	
G. thoracica	EEP	$259.84 \pm 4.97{\rm ^{f}}$	$435.00 \pm 6.57^{\rm h}$	
	WEP	$57.83 \pm 0.32^{b}$	$16.00\pm0.58^{\rm b}$	
H. itama	EEP	$157.91 \pm 2.25^{\circ}$	$172.30 \pm 4.56^{\text{ g}}$	
	WEP	$138.91 \pm 2.21^{d}$	$8.67\pm0.51^{\rm a}$	
T. apicalis	EEP	$100.93 \pm 2.65^{\circ}$	$91.00 \pm 3.72^{de}$	
	WEP	$100.08 \pm 0.72^{\circ}$	$58.67 \pm 1.64^{\circ}$	
T. binghami	EEP	$44.42 \pm 1.14^{b}$	$71.30\pm2.52^{\rm d}$	
	WEP	$21.24 \pm 2.49^{a}$	$42.97\pm2.22^{\circ}$	
T. laeviceps	EEP	$138.84\pm1.18^{\text{d}}$	$71.00\pm3.98^{\rm d}$	
	WEP	$18.06 \pm 0.36^{a}$	$15.33 \pm 0.33^{b}$	
L. terminata	EEP	$19.50 \pm 0.59^{a}$	$100.33 \pm 0.51^{\rm f}$	
	WEP	$19.27 \pm 0.29^{a}$	$84.00 \pm 4.48^{d}$	

Table 1: Total phenolic and flavonoid contents of ethanolic extract propolis (EEP) and water extract propolis (WEP) determined by Follin-Ciocalteu and aluminium nitrate colorimetric methods

Note: Data shown in the table were collected from three replicates and are presented as the mean  $\pm$  standard deviation. Different letters in the same column indicate statistical significance at p < 0.05. Total phenolic content analysed as gallic acid equivalent (GAE) mg/g of extract and total flavonoid content as quercetin equivalent (QE) mg/g of extract



Note: Data shown in the graph were collected from three replicates and are presented as the mean  $\pm$  standard deviation. Bars with different shapes are significant at p < 0.05



Figure 1: Comparison of TPC values of EEP and WEP of six different stingless bees

Note: Data shown in the graph were collected from three replicates and are presented as the mean  $\pm$  standard deviation. Bars with different shapes are significant at p < 0.05

Figure 2: Comparison of TFC values of EEP and WEP of six different stingless bees

gallic acid equivalent (GAE) mg/g of extract, total flavonoid content as quercetin equivalent (QE) mg/g of extract.

# Antioxidant Activity

The results in Table 2 demonstrate the DPPH scavenging activity and the  $IC_{50}$  values of EEP and WEP at concentrations between 7.813 and 500 µg/mL with quercetin as a standard reference. Figures 3 and 4 show the percentage

of DPPH inhibition against the concentration of EEP and WEP of the stingless bees, respectively. In general, all tested extracts exhibited dosedependent free radical scavenging activity except for WEP of *G. thoracica*, *T. binghami* and *T. laeviceps* which did not exhibit scavenging activity on DPPH assay. Among the tested samples, EEP of *G. thoracica* had the highest DPPH free radical scavenging activity (88.00 ± 13.34%) with IC<sub>50</sub> of 104.20 µg/mL, followed by EEP of *H. itama* (84.00 ± 12.50%) with IC<sub>50</sub>

of 159.60 µg/mL at a concentration of 250 µg/mL (Figure 3). However, the rest of the EEP including *T. apicalis, T. binghami, T. laeviceps* and *L. terminata* showed inactive antioxidant activity. As for WEP, *H. itama* showed weak antioxidant activity at IC<sub>50</sub> of 332.70 µg/mL with  $35.27 \pm 4.42\%$  of DPPH inhibition

at a concentration of 500 µg/mL (Figure 4). Conversely, WEP of *G. thoracica*, *T. binghami* and *T. laeviceps* showed inactive antioxidant activity. The standard quercetin showed the best inhibitory effect against DPPH at 91.00  $\pm$  13.19% with IC<sub>50</sub> value of 20.51 µg/mL.

Table 2: Antioxidant activities of ethanolic extract propolis (EEP) and water extract propolis (WEP) expressed as IC<sub>50</sub> values using DPPH free radical scavenging assay

Propolis Samp	oles	<b>DPPH Inhibition (%)</b>	IC <sub>50</sub> DPPH (µg/mL)
G. thoracica	EEP	$88.00 \pm 13.34$	104.20
	WEP	-	-
H. itama	EEP	$84.00 \pm 12.50$	159.60
	WEP	$35.27 \pm 4.42$	332.70
T. apicalis	EEP	$12.65 \pm 1.75$	850.00
	WEP	$11.96 \pm 1.84$	882.80
T. binghami	EEP	$9.64 \pm 1.16$	1165.00
	WEP	-	-
T. laeviceps	EEP	$3.54 \pm 3.54$	1260.00
	WEP	-	-
L. terminata	EEP	$4.20\pm0.36$	1009.00
	WEP	$2.72\pm0.34$	1388.00
Quercet	in	$91.00 \pm 13.19$	20.51

Note: Data shown in the table were collected from three replicates and are presented as the mean  $\pm$  standard deviation. "-" = No activity



Figure 3: Percentage of DPPH inhibition against the concentration of EEP produced by different stingless bees



Figure 4: Percentage of DPPH inhibition against the concentration of WEP produced by different stingless bees

# Correlation between Total Phenolic Content, Total Flavonoid Content and Antioxidant Activities

Correlation coefficients for TPC and TFC with DPPH assay presented as  $IC_{50}$  values are shown in Table 3, indicating flavonoids do not contribute much to the antioxidant activity. The results revealed that TPC was significantly and positively correlated to TFC ( $R^2 = 0.804$ ). This finding clearly suggests that phenolic compounds are major constituents in the total phenolic content of propolis extracts. Furthermore, the TPC was significantly (p < 0.05) negatively correlated to IC<sub>50</sub> DPPH with  $R^2$  value of -0.735 indicating the TPC may be responsible for the antioxidant activity of the propolis extracts. However, there was no significant correlation between TFC and IC<sub>50</sub> DPPH ( $R^2$ = -0.359, p >

0.05), indicating flavonoids do not contribute much to the antioxidant activity.

## Discussion

Propolis has been used empirically for many centuries to alleviate ailments such as gastrointestinal disorders, allergies, oral and dermatological problems (Fikri *et al.*, 2019). The medicinal properties of propolis have been ascribed to the presence of various chemical components such as flavonoids (apigenin, quercetin, pinocembrin and pinobanksin), phenolics (coumarin and scopoletol), terpenes (geraniol, nerolidol and farnisol) and ketones (acetophenone). Studies have shown that propolis is a potential source of natural antioxidants owing to its chemical components particularly phenolic acid derivatives and flavonoids (Kocot

Table 3: Pearson's correlation coefficient ( $R^2$ ) of total phenolic content (TPC), total flavonoid content (TFC) and antioxidant activity (IC<sub>50</sub> of DPPH) of propolis extracts

Accore	Correlation ( <i>R</i> <sup>2</sup> )			
Assays –	ТРС	TFC	IC <sub>50</sub> DPPH	
TPC	1	0.804*	- 0.735*	
TFC	0.804*	1	- 0.359	
IC <sub>50</sub> DPPH	- 0.735*	- 0.359	1	

Note: \*Correlation is significant at p < 0.05

*et al.*, 2018). Polyphenols are the major chemical compounds found in propolis which attribute to its antioxidant activity (Zulhendri *et al.*, 2021).

Propolis cannot be used in its raw form and thus must be purified and extracted using suitable solvents to remove the inert substance while preserving the polyphenol compounds (Galeotti et al., 2018). Furthermore, extraction techniques and type of solvents used play a significant role in determining the phytochemical components responsible for the biological activities of the propolis (Yıldırım, 2022). Results from this study indicate that EEP contained higher TPC and TFC than WEP. Thus, according to the results, ethanol extraction solvents were more effective in extracting phenolics than water solvents. This was in line with the findings of Mokhtar et al. (2019) who demonstrated that ethanolic extracts of propolis gave the highest TPC and TFC compared with water extracts. Ethanol is an organic solvent that extracts most of the phytochemical components present in the propolis which are mostly lipophilic molecules and this could contribute to the higher TPC and TFC levels seen in the EEP as compared with WEP (Mokhtar et al., 2019). In contrast, water is a polar solvent that does not favour the extraction of less polar compounds such as phenolics which results in lower concentrations of phenolic compounds (Kubiliene et al., 2015).

The present study also demonstrated the EEP of G. thoracica possesses the highest TPC and TFC compared to that of the other bee species evaluated. Similar findings were reported by Asem et al. (2019) who demonstrated that the propolis of G. thoracica had the highest TPC and TFC (55.16  $\pm$  7.52 and 326.10  $\pm$  4.94  $\mu$ M, respectively), followed by H. itama (34.17 ± 1.52 and 324.04  $\pm$  5.18  $\mu$ M, respectively) and T. apicalis  $(28.57 \pm 3.17 \text{ and } 135.93 \pm 5.95)$ µM, respectively). The results indicated that bee species contribute to the different chemical compositions of propolis which is consistent with the report of Abdullah et al. (2020). In contrast, Ibrahim et al. (2016) showed that the propolis of the G. thoracica had lower TPC and TFC levels (29.1  $\pm$  0.10 and 61.5  $\pm$  0.15 µg/ mL, respectively) compared with the propolis of *H. itama* (56.9  $\pm$  0.12 and 163.9  $\pm$  0.10 µg/ mL, respectively). The differences in chemical constituents may be due to several factors such as origin and pollen foraging activities of the stingless bees that contribute significantly to the chemical diversity of the propolis (Nafi *et al.*, 2019).

The amount of phenolics and flavonoids in propolis extract confers a significant contribution to its antioxidant activity (Galeotti et al., 2018). Various classes of phenolic compounds and its derivatives were detected in propolis including phenylpropanoid, caffeic acid, isoferulic acid, chlorogenic acid derivatives, ellagic acid, p-coumaric acid, gallic acid, quercetin, aromadendrin, benzoic acid and anacardic acid (Huang et al., 2014; Al-Hatamleh et al., 2020). Flavonoids that are present in propolis can be classified into several categories such as flavones, flavonols, flavanonols, chalcones, flavans, isoflavans and neoflavonoids (Huang et al., 2014). Flavonoids mostly occur in sugarconjugated forms, predominantly as quercetin glycoside (Zheng et al., 2017). These compounds are capable of scavenging free radicals by donating hydrogen ions to the free radicals such as peroxide, hydroperoxide or lipid peroxyl which are produced either during the metabolic process or external factors (Vendemiale et al., 1999; Lobo et al., 2010). Oxidative stress occurs when free radical and antioxidant levels are imbalanced eventually causing a decline in endogenous antioxidants defence and an incline in the production of reactive oxygen species (ROS) (Yusop et al., 2019; Sevidoglu & Aydin, 2020). High levels of free radicals in the body may attack DNA, proteins and lipids, resulting in damage to cell structures and genetic material (Yusop et al., 2019).

In this study, the antioxidant property of propolis extracts was determined by the DPPH free radical scavenging assay which is based on electron transfer and hydrogen atom transfer reactions (Prior *et al.*, 2005). This method offers advantages of being rapid, simple inexpensive and provides initial information on the

antioxidant capacity of the test sample (Kedare & Singh, 2011). When DPPH is stable free radical appear as deep violet colour (Liang & Kitts, 2014). When DPPH reacts with an antioxidant compound, its free radical property is lost and its colour changes from violet to pale yellow (Gonçalves et al., 2018). The antioxidant power of a sample was measured by calculating the  $IC_{50}$ value which is described as the concentration required to inhibit and capture 50% of the DPPH free radical. The lower IC50 value indicates higher radical scavenging activities (Ibrahim et al., 2016). The present study demonstrates that the EEP of G. thoracica had the greatest DPPH free radical scavenging activity with percentage of scavenging of 88% and IC<sub>50</sub> of 106.20  $\mu$ g/mL. The results revealed that EEP of G. thoracica possessed the strongest antioxidant activity due to its high radical scavenging activities. Asem et al. (2019) reported similar findings in which ethanolic propolis extract of G. thoracica exhibited the highest DPPH radical activity compared to T. apicalis and H. itama.

In general, higher TPC and TFC levels indicate higher antioxidant activity levels (Pratami et al., 2018). Rosli et al. (2016) demonstrated a strong association between TFC and TPC against DPPH scavenging activities, indicating the antioxidant activity of the ethanolic extract of the propolis was influenced by its phenolic and flavonoid contents. These findings were supported by Ibrahim et al. (2016) and Fikri et al. (2019) who demonstrated that higher TPC and TFC levels contributed to the higher DPPH free radical scavenging properties of the propolis. However, in the present study, only TPC was significantly negatively correlated to the DPPH assay as expressed in IC<sub>50</sub> value ( $R^2$  value of -0.785, p < 0.05). Therefore, it can be said high levels of phenolic contents in the propolis contribute significantly to its antioxidant property. Phenolic compounds are excellent antioxidants owing to the vast conjugated  $\pi$ -electron systems that aid the donation of electrons from the hydroxyl moieties to oxidising radical species (Bittencourt et al., 2015).

## Conclusion

In conclusion, ethanolic extract of *G. thoracica* propolis possessed more phenolic and flavonoid contents and exhibited the highest antioxidant activity as compared to other propolis extracts, suggesting its potential use as a natural source of antioxidants. However, further studies into the isolation, purification, and identification of the active phytochemical compounds responsible for its antioxidant activity are warranted.

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